

# Kathy Weckwerth

Founder & Executive Director  
Author • Speaker • Radio Host

## When

Kathy speaks at events, she delivers an inspiring message of help, hope, and healing. Whether she shares from her personal experiences, or teaches from scripture what it means to walk out your best life, Kathy shares with her audience the message that we should not settle for living the everyday mundane life, but instead should strive with God's help to live the life promised in John 10:10 ... a better life ... your **BEST LIFE.**

## What Others Are Saying:

Kathy is a very talented, creative, and energetic woman with a passion for Jesus. She cares deeply about others and is keenly interested in helping them realize their full potential for life.

**Rev. Ralph Gustafson**  
Executive Minister for Church Relations  
Bethel University, St. Paul, MN

Kathy Weckwerth is the Founder and Executive Director of a nonprofit ministry called Best Life Ministries. She is an author, speaker, blogger, Bible study facilitator, newspaper columnist, and host of the radio show, "YOUR BEST with Kathy Weckwerth." Her passion is to encourage others and help them to embrace the fact that an everyday relationship with Jesus Christ, is the only thing that will deliver your BEST LIFE. Kathy lives with her husband, Farmer Dean, in southwestern Minnesota, next door to their ministry headquarters, a 1900's church.

Kathy's topics can be adjusted to meet your individual needs. Each topic is forty-five minutes to an hour. Kathy can also be hired to provide music for an event. For more information about booking Kathy Weckwerth for your next event, call (320) 444-6082 or email [kathy@bestlifeministries.com](mailto:kathy@bestlifeministries.com).

# Speaking Topics

## Sink, Swim, or Set Sail!

So often we allow the stresses and busyness of everyday life to overwhelm us. Many times we feel like we are so challenged that we feel like we're drowning. Kathy will deliver encouraging techniques and Biblical principles taken from Matthew chapter 14 and Peter's water-walking experience, to help you discover balance, encourage you towards a deeper dependence on God, and motivate you to overcome the storms of everyday life so you can set sail for your Best Life.

Kathy teaches how to utilize the tools that God has provided through His Word, as she helps women to:

- Look at your present state of heart and attitude
- Discover if you are self sufficient or Christ reliant
- Embrace the freedom that Christ gives us
- Learn how to depend on God to be your anchor

## Get Back on Track

Feeling derailed with life? Jumped the track and headed in the wrong direction? In this session, be ready to get on board and on the right track with Kathy as she uses the story of Joseph's life, taken from Genesis chapters 37-50, and embraces his lessons from the pit, to the prison, to the palace. Kathy will help you determine how to train your heart and mind to recognize God's purpose and fulfill His vision for your life.

- Focus on God's forgiveness, faithfulness, and freedom
- Embrace the life lessons from Joseph's trials
- Get motivated for change
- Determine how to trust God's plan for your path

## God Possibilities

In this session, through the story of Esther, Kathy will encourage you that God has a definite plan for our lives. When doors close on us, or plans just don't work out, this talk will motivate you to believe that where He closes doors, He provides windows of opportunities ... God Possibilities

- determine your doors
- discover your path
- dedicate your heart to possibilities

## Inspired Living (Finding Your Best Life)

So often in the busyness of our lives, we get stuck in the cocoon of our own worlds. We become comfortable in the sticky web of our life's staleness and sin. We feel guilt-ridden and weighed down, so consequently we become incapable of being used for a greater purpose to bring change and life to ourselves and others. In this session, Kathy will parallel the transformation of Paul's journey on the road to Damascus (taken from the book of Acts) with the release of the butterfly out of its sticky cocoon. Kathy will motivate you to:

- Learn from scripture how to break free from the weight of guilt and sin
- Discover how to be motivated for change and growth
- Inspire you to make a difference in your world

## The "Be"Attitudes

In this inspirational talk, Kathy will help you to discover the values behind each of the beatitudes, found in Matthew 5, as you discover how to deepen your trust in Jesus, and implement heart attitudes that can make the difference between a problematic life and one that is blessed. Kathy will encourage you to:

- Implement Christ's heart attitudes
- Develop Christ-like traits that will help you be blessed
- Apply techniques that will help you relate well to others

## The Power of Prayer

Today's woman feels overworked, overburdened, and overloaded. The last thing that she feels like she has time for is a dedicated amount of time for prayer. When can you pencil that in your calendar? Kathy will teach from scripture the value of developing a personal prayer walk and empowering your life with the promise of a meaningful relationship with the Savior.

- Define what prayer looks like
- Discover the power of prayer
- Determine to have a devoted prayer life



## Filling Up On the Good Things of God

This world is filled with things that will empty and drain us on a daily basis. To be our best, we will need to continually fill up on God's Word, and the good things that He provides so we can travel effectively on the road of life. In this talk, Kathy will encourage you to walk an abundant life, by filling up on God's Word, God's Attribute and God's Spirit, allowing you to be the BEST version of you.

- Discern if your tank is full, half, or on empty
- Determine how to fill upon God-things
- Display a life that is full and abundant

*Best Life*  
Ministries

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